

MS in Food and Nutrition Services – Program of Study

Student Name		Student ID Number	
Student Email		Advisor Name	

Non-CP Track + Portfolio (30 hours)	6 hours research core + 24 hours electives
Non-CP Track + Thesis Option (36 hours)	6 hours research core + 24 hours electives + 6 hours thesis
CP Track + Portfolio (36 hours)	6 hours research core + 12 hours CP core + 6 hours CP support courses + 3 hours electives + 1 hour supervised practice preparation + 8 hours supervised practice
CP Track + Thesis Option (39 hours)	6 hours research core + 12 hours CP core + 6 hours CP support courses + 1 hour supervised practice preparation + 8 hours supervised practice + 6 hours thesis

- Students are responsible for filing this form with the GPC before enrolling in NHM 693, 697, or 699
- Submit your program of study in your first or second semester. Always consult with your research advisor about course selection and portfolio/thesis options.
- Consult your advisor for any additional courses not listed here.
- Only one online course per semester is permitted for international students.

Research Core Requirements (Hours: 6)
NHM 525 Research I – Principles of Research (3)
NHM 526 Statistics I in NHM (3)

Non-CP Track

Electives (Hours: 24)
Graduate courses. At least 12 hours must be NHM. Committee approval required. See page 2 for suggested courses.

Thesis (Hours: 6)
NHM 697 Thesis (1-6)

CP Track

CP Program Core (Hours: 12)
NHM 531 Community Nutrition: Theory and App. (3)
NHM 532 Nutrition Ed and Counseling: Theory and App. (3)
NHM 533 Foodservice Management: Theory and App. (3)
NHM 534 Medical Nutrition Therapy: Theory and App. (3)

CP Support Courses (Hours: 6)
May be waived for students with DPD Verification Statements OR based on the Assessment for Prior Learning Policy
NHM 511 Advanced Nutrition (3)
NHM 522 Nutrition Policy (3)

Electives (Hours: 3)

Supervised Practice Preparation (Hours: 1)
NHM 599 Introduction to Dietetics Practice (1)

Supervised Practice (Hours: ≥8)
NHM 699 Supervised Practice (1-9)

Approved by the Advisory Committee:

(Chair of the Committee) (Date)

(Member of the Committee)

(Date)

(Member of the Committee) (Date)

(Member of the Committee)

(Date)

Student Signature (Date)

Approved by the GPC

(Date)

Suggested Electives

*Denotes courses required for the CP track

<p>NHM 531 Community Nutrition: Theory and Application (3)* NHM 532 Nutrition Ed. and Counseling: Theory and Application (3)* NHM 533 Foodservice Management: Theory and Application (3)* NHM 534 Medical Nutrition Therapy: Theory and Application (3)* NHM 511 Advanced Nutrition (3)* NHM 515 Nutrition in Weight Mgmt & Eating Disord (3) NHM 516 Nutrition in Aging NHM 522 Nutrition Policy (3)*</p> <p>NHM 613 Theoretical Application for Nutrition Education (3) NHM 614 Foundations in Child Nutrition Management (3) NHM 618 Maternal, Child, & Adolescent Nutrition (3) NHM 619 Sports Nutrition (3) NHM 620 Leadership Dietetics & Hosp Mgt Organiz (3) NHM 621 Advanced Human Development (3) NHM 623 Nutritional Epidemiology (3) NHM 691 Special Topics in NHM (3) NHM 606 Ethics and Human Subjects Research (3)</p> <p>NHM 615 Advanced Financial Management in Hospitality (3) NHM 624 Advanced Marketing in the Hospitality Industry (3) NHM 627 Trends and Topics in Hospitality Management (3) NHM 628 Organizational Behavior in Hospitality (3) NHM 662 Advanced Hotel Operations (3) NHM 671 Advanced Services Quality Management (3) NHM 676 Adv Hospitality Information Technology</p>	<p>ES 515 Stress and the Brain (3) ES 542 Sports Psychology (3) ES 608 Methods and Procedures of Exercise Testing (3) ES 611 Exercise Physiology I (3) ES 616 Exercise Physiology II (3) ES 615 Physiological Aspects of Aging (3) IMC 585 Health Communication (3)</p> <p>PH 505 Health Program Planning PH 511 Applied Statistics PH 515 Motivational Interviewing PH 528 Public Health Policy PH 555 Health Equity PH 595 Human Health and Illness PH 600 Foundations of Public Health PH 635 Theories in Health Promotion PH 646 Epidemiology PH 685 Health Program Evaluation</p> <p>PHIL 628 SOC 608 Methods in Community Based Research</p> <p>Other courses recommended by the advisory committee</p>
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Suggested Interest Areas and Corresponding Courses

Community	Sport	Management	Counseling	Child
NHM 531	NHM 532	NHM 533	NHM 531	NHM 531
NHM 511	NHM 511	NHM 522	NHM 532	NHM 614
NHM 618	NHM 515	NHM 617	NHM 515	NHM 618
NHM 515	NHM 619	NHM 620	NHM 623	NHM 621
NHM 522	ES 515	NHM 627	NHM 613	NHM 613
NHM 623	ES 542	NHM 628	IMC 585	
NHM 613	ES 611		PH 515	
IMC 585				
PH 505				
PH 528				
PH 555				
PH 635				
PH 685				
SOC 608				

To find what courses are offered each semester:

1. Go to my.olemiss.edu
2. Search for "course schedule"
3. Select desired term; Submit
4. Under Course name/title, type the course prefix, *e.g. NHM*
5. Type the course number as well, if desired
6. If you leave the Course Number box blank, and select Class Search at bottom, you will see all of the courses taught in NHM for the semester that you selected.

To learn more about the courses:

1. Visit <https://catalog.olemiss.edu/applied-sciences/nutrition-hospitality-management>
2. Click on "courses"
3. *Note: Course Catalog is a listing of all of the courses approved to be taught in a given Department. But some of these courses are not taught each semester, or even each year. You may also search for other courses outside of NHM*

Portfolio Components

The portfolio will consist of the following sections:

1. Resume
2. Two or more of the following projects (CP students must complete projects with*)
 - Review of literature and clinical case study*
 - Program planning grant application
 - Research grant application
 - Research oral or poster presentation (peer-reviewed), presenting author
 - Research manuscript (either for submission or in preparation)
 - Development of a nutrition education curriculum (minimum of 6 clock hours of delivery) for a specified target population
 - Health communication campaign plan
3. A two page, single-spaced summative reflection paper on skills gained, the research process, and how the student will incorporate aspects of the research process in their future career.